



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## 2026 Waterfront Lifeguard Certification Classes

Two JUNE class options:

### **CLASS # 1 June 5th - 7th**

Friday 6/5: 4:00pm-8:00pm

6/6 and 6/7 full days starting at 9am

**OR**

### **CLASS # 2 June 19<sup>th</sup> – 21<sup>st</sup>**

Friday 6/19: 4:00pm-8:00pm

6/20 and 6/21 full days starting at 9am



**\*\*PARTICIPANTS MUST COMPLETE 7-8 HOUR ONLINE COURSE PRIOR TO FIRST DAY AND ATTEND ALL THE IN-PERSON CLASS SESSIONS IN ORDER TO RECEIVE CERTIFICATION\*\***

**Participants MUST be experienced swimmers and be able to pass the swim test – Given first on day 1.**

-Swim/tread/swim: 350 yards – 2-minute tread (no hands) – 200 yards (550-yard swim total)

(swim not timed but must be continuous -goggles optional)

-Timed brick retrieval drill (no goggles)

-Picking up 3 submerged objects spaced 5 yards apart (no goggles)

**FEE: Members \$400 General Public \$500**

Full fee is due at registration. \*Online course information will also be provided after registration.

Any cancellations more than 5 days in advance will receive YMCA credit.

\*No refunds for any cancellations within 5 days of the course\*

**\*YMCA will sponsor those who commit to at least 3 months employment upon certification\***

**To register or questions please email Jen Passafiume: [jenp@ymcamv.org](mailto:jenp@ymcamv.org)**

**-Full name and email address is needed for each participant-**

**\*\*MUST register by 5pm 5/29 for Class #1 and 6/11 Class #2\*\***

**If registering before 5/29 deadline MUST specify Class # 1 or Class # 2**

**DO NOT WAIT - Space is limited - These classes will fill before the deadlines!**

\*Minimum age is 15 to take the class, but must be 16 to start lifeguarding in MA.



American  
Red Cross

Together, we can save a life