

Pool Schedule Winter 2019 January 7th- February 25th



	Monday						Tuesday						Wednesday						Thursday						Friday						
	Lanes						Lanes						Lanes						Lanes						Lanes						
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	
6:00a																															6:00a
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7:00p																															7:00p
8:00p																															8:00p
8:30p																															8:30p

Please note:
 *Private lessons by YMCA
 Instructors may be given any time

*Be prepared to share lanes and circle swim during busy hours

*Lane times featuring the @ symbol mean that all swimmers should be prepared to circle swim at these times

*Subject to change without notice

Water Aerobics
8:30-10:30am

Water Aerobics
8:30-10:30am

Water Aerobics
8:30-10:30am

Water Aerobics
8:30-10:30am

Water Aerobics
8:30-10:30am

Phoenix Club

Phoenix Club

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MVRHS Swim Team

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Swim Lessons

YMCA Swim Team

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Swim Lessons

YMCA Swim Team

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Swim Lessons

YMCA Swim Team

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Swim Lessons

YMCA Swim Team

YMCA Swim Team

Aqua HIIT
6:35-7:15

	Saturday						Sunday					
	Lanes						Lanes					
	1	2	3	4	5	6	1	2	3	4	5	6
6:00a	pool opens @ 7:30am						Pool opens @ 8:30am					
7:00a												
8:00a												
9:00a												
10:00a												
11:00a												
12:00p												
1:00p												
2:00p												
3:00p												
4:00p												
5:00p												
6:00p							Pool closes at 5:30pm					
7:00p												
7:30p												

YMCA of Martha's Vineyard
Pool Schedule
Winter Session 2019
January 7th to February 25th
This schedule is subject to change without notice

Basic Pool Rules (please see website or front desk for full listing of rules)

- All swimmers must shower before entering the pool
- Bathing caps are required for ALL swimmers
- An adult must accompany non-swimmer children in the pool and remain with arm's reach at all times
- No inflatable floatation devices of any kind
- No street shoes on the pool deck
- No running, food, drink, or glass allowed on the pool deck (plastic water bottle is acceptable)
- No recreational use of starting blocks, no diving in shallow water
- No horse play will be tolerated
- Kickboards and pull buoys are only for lap swim and YMCA programs
- Swimmers under the age of 14 must pass an evaluation to use the waterslide and to enter the water without a parent or guardian

Recreational Pool Schedule - hours below are when this pool is open for member use

Day	Times Open	
	Morning	Afternoon & Evening
Monday	10am-12pm	3-4:30pm & 6:30-7:30pm
Tuesday	10am-12pm	3-4:30pm & 6:30-7:30pm
Wednesday	10am-12pm	3-4:30pm & 6:00-7:30pm
Thursday	10am-12pm	3-4:30pm & 6:00-7:30pm
Friday	10am-12pm	3:00-7:30pm
Saturday	11:00am - 6:00pm	
Sunday	10:00am - 5:00pm	

*Please note the recreational pool closes at 4:30 M-TH for swim lessons