

Pool Schedule Fall 2019 October 28th- December 22nd



	Monday						Tuesday						Wednesday						Thursday						Friday						
	Lanes						Lanes						Lanes						Lanes						Lanes						
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	
6:00a																															6:00a
7:00a																															7:00a
8:00a																															8:00a
9:00a			Water Aerobics 8:30-10:30am						Water Aerobics 8:30-10:30am						Water Aerobics 8:30-10:30am						Water Aerobics 8:30-10:30am						Water Aerobics 8:30-10:30am				9:00a
10:00a			Water Aerobics 8:30-10:30am						Water Aerobics 8:30-10:30am						Water Aerobics 8:30-10:30am						Water Aerobics 8:30-10:30am						Water Aerobics 8:30-10:30am				10:00a
11:00a											Phoenix Club												Phoenix Club								11:00a
12:00p																															12:00p
1:00p																													S.O Team		1:00p
2:00p		L	MVRHS Swim Team **					L	MVRHS Swim Team**					L	MVRHS Swim Team**					L	MVRHS Swim Team**					L	MVRHS Swim Team**				2:00p
3:00p		l	MVRHS Swim Team **					l	MVRHS Swim Team**					l	MVRHS Swim Team**					l	MVRHS Swim Team**					l	MVRHS Swim Team**				3:00p
4:00p	@						@						@						@						@						4:00p
5:00p	@	Swim Lessons	YMCA Swim Team				@	Swim Lessons	YMCA Swim Team				@	Swim Lessons	YMCA Swim Team				@	Swim Lessons	YMCA Swim Team				@	Swim Lessons	YMCA Swim Team				5:00p
6:00p	@						@						@						@						@						6:00p
7:00p																															7:00p
8:00p																															8:00p
8:30p																															8:30p

Please note:
 *Private lessons by YMCA
 Instructors may be given any time

*Be prepared to share lanes and circle swim during busy hours

*Lane times featuring the @ symbol mean that all swimmers should be prepared to circle swim at these times

*Subject to change without notice

****MVRHS Swim Team Season starts 12/2**

	Saturday						Sunday					
	Lanes						Lanes					
	1	2	3	4	5	6	1	2	3	4	5	6
6:00a	pool opens @ 7:30am						Pool opens @ 8:30am					
7:00a												
8:00a												
9:00a												
10:00a												
11:00a												
12:00p												
1:00p												
2:00p												
3:00p												
4:00p												
5:00p												
6:00p							Pool closes at 5:30pm					
7:00p												
7:30p												

YMCA of Martha's Vineyard
Pool Schedule
Fall Session II 2019
October 28th- December 22th
This schedule is subject to change without notice

Basic Pool Rules (please see website or front desk for full listing of rules)

- All swimmers must shower before entering the pool
- Bathing caps are required for ALL swimmers
- An adult must accompany non-swimmer children in the pool and remain with arm's reach at all times
- No inflatable floatation devices of any kind
- No street shoes on the pool deck
- No running, food, drink, or glass allowed on the pool deck (plastic water bottle is acceptable)
- No recreational use of starting blocks, no diving in shallow water
- No horse play will be tolerated
- Kickboards and pull buoys are only for lap swim and YMCA programs
- Swimmers under the age of 14 must pass an evaluation to use the waterslide and to enter the water without a parent or guardian

Recreational Pool Schedule - hours below are when this pool is open for member use

Day	Times Open	
	Morning	Afternoon & Evening
Monday	10am-12pm	3-4:30pm & 6:30-7:30pm
Tuesday	10am-12pm	3-4:30pm & 6:30-7:30pm
Wednesday	10am-12pm	3-4:30pm & 6:00-7:30pm
Thursday	10am-12pm	3-4:30pm & 6:00-7:30pm
Friday	10am-12pm	3:00-7:30pm
Saturday	10:30am - 6:00pm	
Sunday	10:00am - 5:00pm	

*Please note the recreational pool closes at 4:30 M-TH for swim lessons

*rec pool hours will be 3-7:30pm on November 25, 26, & 27