

Pool Schedule Fall 2019 September 1st - October 27th



	Monday						Tuesday						Wednesday						Thursday						Friday						
	Lanes						Lanes						Lanes						Lanes						Lanes						
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	
6:00a																															6:00a
7:00a																															7:00a
8:00a																															8:00a
9:00a				Water Aerobics						Water Aerobics						Water Aerobics						Water Aerobics						Water Aerobics			9:00a
10:00a				8:30- 10:30am						8:30- 10:30am						8:30- 10:30am						8:30- 10:30am						8:30- 10:30am			10:00a
11:00a										Phoenix Club												Phoenix Club									11:00a
12:00p																															12:00p
1:00p																															1:00p
2:00p		Private Lessons						Private Lessons						Private Lessons						Private Lessons						Private Lessons					2:00p
3:00p																															3:00p
4:00p	@						@						@						@						@						4:00p
5:00p	@			YMCA Swim Team			@			YMCA Swim Team			@			YMCA Swim Team			@			YMCA Swim Team			@			YMCA Swim Team			5:00p
6:00p	@	Swim Lessons					@	Swim Lessons					@	Swim Lessons					@	Swim Lessons					@						6:00p
7:00p										Aqua HIIT 6:35-7:15																					7:00p
8:00p																															8:00p
8:30p																															8:30p

Please note:

*Private lessons by YMCA Instructors may be given any time

*Be prepared to share lanes and circle swim during busy hours

*Lane times featuring the @ symbol mean that all swimmers should be prepared to circle swim at these times

*Subject to change without notice

	Saturday						Sunday					
	Lanes						Lanes					
	1	2	3	4	5	6	1	2	3	4	5	6
6:00a	pool opens @ 7:30am						Pool opens @ 8:30am					
7:00a												
8:00a												
9:00a												
10:00a												
11:00a												
12:00p												
1:00p												
2:00p												
3:00p												
4:00p												
5:00p												
6:00p							Pool closes at 5:30pm					
7:00p												
7:30p												

YMCA of Martha's Vineyard
Pool Schedule
Fall Session 1 2019
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Basic Pool Rules (please see website or front desk for full listing of rules)

- All swimmers must shower before entering the pool
- Bathing caps are required for ALL swimmers
- An adult must accompany non-swimmer children in the pool and remain with arm's reach at all times
- No inflatable floatation devices of any kind
- No street shoes on the pool deck
- No running, food, drink, or glass allowed on the pool deck (plastic water bottle is acceptable)
- No recreational use of starting blocks, no diving in shallow water
- No horse play will be tolerated
- Kickboards and pull buoys are only for lap swim and YMCA programs
- Swimmers under the age of 14 must pass an evaluation to use the waterslide and to enter the water without a parent or guardian

Recreational Pool Schedule - hours below are when this pool is open for member use

Day	Times Open	
	Morning	Afternoon & Evening
Monday	10am-12pm	3-4:30pm & 6:30-7:30pm
Tuesday	10am-12pm	3-4:30pm & 6:30-7:30pm
Wednesday	10am-12pm	3-4:30pm & 6:00-7:30pm
Thursday	10am-12pm	3-4:30pm & 6:00-7:30pm
Friday	10am-12pm	3:00-7:30pm
Saturday	11:00am - 6:00pm	
Sunday	10:00am - 5:00pm	

*Please note the recreational pool closes at 4:30 M-TH for swim lessons

*rec pool hours will be 3-7:30pm weeks of Sept.3-6 & Oct. 21-25