

**Pool Schedule April 15th-21st**



	Monday 4/15						Tuesday 4/16						Wednesday 4/17						Thursday 4/18						Friday 4/19						
	Lanes						Lanes						Lanes						Lanes						Lanes						
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	
6:00a																															6:00a
7:00a																															7:00a
8:00a																															8:00a
9:00a																															9:00a
10:00a																															10:00a
11:00a																															11:00a
12:00p																															12:00p
1:00p																															1:00p
2:00p																															2:00p
3:00p																															3:00p
4:00p																															4:00p
5:00p																															5:00p
6:00p																															6:00p
7:00p																															7:00p
8:00p																															8:00p
8:30p																															8:30p

**Please note:**  
 \*Private lessons by YMCA  
 Instructors may be given any time

\*Be prepared to share lanes and circle swim during busy hours

\*Lane times featuring the @ symbol mean that all swimmers should be prepared to circle swim at these times

\*Subject to change without notice

Water  
Aerobics  
8:30-10:30am

LG  
course  
9:00-10:30

Water  
Aerobics  
8:30-10:30am

Water  
Aerobics  
8:30-10:30am

Water  
Aerobics  
8:30-10:30am

Water  
Aerobics  
8:30-10:30am

Phoenix  
Club

Phoenix  
Club

Lifeguard  
course  
12:30-5pm

LG  
course  
12:30-4pm

LG  
course  
12:30-4pm

Aqua HIIT  
6:35-7:35

	Saturday 4/20						Sunday 4/21					
	Lanes						Lanes					
	1	2	3	4	5	6	1	2	3	4	5	6
6:00a	pool opens @ 7:30am						Pool opens @ 8:30am					
7:00a												
8:00a												
9:00a												
10:00a												
11:00a												
12:00p												
1:00p												
2:00p												
3:00p												
4:00p												
5:00p												
6:00p							Pool closes at 5:30pm					
7:00p												
7:30p												

**YMCA of Martha's Vineyard**  
**Pool Schedule**  
**April 15th - 21st**  
**\*This schedule is subject to change without notice\***

**Basic Pool Rules** (please see website or front desk for full listing of rules)

- All swimmers must shower before entering the pool
- Bathing caps are required for ALL swimmers
- An adult must accompany non-swimmer children in the pool and remain with arm's reach at all times
- No inflatable floatation devices of any kind
- No street shoes on the pool deck
- No running, food, drink, or glass allowed on the pool deck (plastic water bottle is acceptable)
- No recreational use of starting blocks, no diving in shallow water
- No horse play will be tolerated
- Kickboards and pull buoys are only for lap swim and YMCA programs
- Swimmers under the age of 14 must pass an evaluation to use the waterslide and to enter the water without a parent or guardian

**Recreational Pool Schedule** - hours below are when this pool is open for member use

Day	Times Open
Monday	10:00am-6:00pm
Tuesday	10:00am-6:00pm
Wednesday	10:00am-6:00pm
Thursday	10:00am-6:00pm
Friday	10:00am-6:00pm
Saturday	10:00am-6:00pm
Sunday	10:00am-5:00pm