



MAKOS SWIM TEAM

SPRING SESSION 2 2024

SPRING 2 session registration:

Starts 4/8 & ongoing for both members and general public.

Join anytime during the session.

*Prorated pricing after the first week.

Session 2 dates: 4/22/24 to 6/6/24

7 week session (Mondays have 6 weeks)

NO PRACTICE MONDAY 5/27 - Memorial Day



Open to Swimmers ages 6-18

The Y's year-round competitive swim club for all youth. The MAKOS team offers vigorous, high energy work-outs, and technique focused swims instruction with personalized challenging intervals. The team competes in some mock and real meets throughout the year.

The MAKOS are broken into two different work-out groups, Bronze/Silver, and Gold, designed for the advancement of each swimmer. See website for level descriptions and minimum requirements.

Practices Days:

Monday, Tuesday, Wednesday, and Thursday

Practice Times:

Gold (Advanced swimmers) : 3:15-4:45pm (1.5 hours)

Bronze/Silver (beginner/intermediate): 4:45-6:00pm (1.25 hours)

Swimmers can chose to swim 1-4 practice times a week, but at least 2 are strongly encouraged.

Whole season fees:

(\$15 per practice for members and \$20 per practice for the general public)

Mondays—(6 practices): \$90 members \$120 public

Tuesday, Wednesdays, and/or Thursdays -(7 practices each) \$105 members \$140 general public

All 4 days a week (27 practices total) \$405 members, \$540 for general public

**Any questions or to start practices please contact
our Aquatics Director and Swim Coach:**

YMCA of MARTHA'S VINEYARD
111R Edgartown Vineyard Haven Rd.
(508) 696 7171 www.ymcamv.org