

# october 2023



sunday      monday      tuesday      wednesday      thursday      friday      saturday

1	2 Soft Play Monday 8:00 – 11:30	3 Kids Club 5:00 – 7:30 PM	4 Crafty Wednesday 8:00 – 11:30 AM	5 Kids Club 5:00 – 7:30 PM	6 <b>CHILD WATCH CLOSED</b>	7
8	9 <b>CHILD WATCH CLOSED</b>	10 Kids Club 5:00 – 7:30 PM	11 Crafty Wednesday 8:00 – 11:30 AM	12 Kids Club 5:00 – 7:30 PM	13 Free Play Friday 8:00 – 11:30	14
15	16 Soft Play Monday 8:00 – 11:30	17 Kids Club 5:00 – 7:30 PM	18 Crafty Wednesday 8:00 – 11:30 AM	19 Kids Club 5:00 – 7:30 PM	20 Free Play Friday 8:00 – 11:30	21
22	23 Soft Play Monday 8:00 – 11:30	24 <b>CHILD WATCH CLOSED</b>	25 Crafty Wednesday 8:00 – 11:30 AM	26 <b>CHILD WATCH CLOSED</b>	27 Free Play Friday 8:00 – 11:30	28
29	30 Soft Play Monday 8:00 – 11:30	31 Kids Club 5:00 – 7:30 PM				

## CHILD WATCH IS BACK!



### TRANSITIONAL ORIENTATION PLAN

There is a transitional orientation plan when your child starts Child Watch to help them adjust to the room and staff, with the goal of building up to an hour and a half visit.

#### Children 6 months to 1 year

1st visit – 30 minutes

#### Children 1 year – 4 years

1st visit – 45 minutes

#### Children 4 years – 10 years

1st visit – 60 minutes In all cases, subsequent visits will increase by 15-minute increments provided the child is adjusting well.

## THE FOLLOWING GUIDELINES HAVE BEEN ESTABLISHED TO PROVIDE A SAFE, HAPPY, AND HEALTHY ENVIRONMENT FOR ALL CHILDREN.



- The Child Watch room is open to children 6 months through 12 years of age on a family membership.
- Your child can play and have fun for up to an hour and a half while you work out! In order to accommodate all of our members, this time limit may be reduced during peak hours.
- We ask that all children be signed in and out by parents/guardians.
- Please have your membership card and/or number present when you drop your child off.
- Parents/guardians must remain on the YMCA premises while children are in Child Watch.
- Child Watch promotes healthy habits and is a "water only" area. To ensure cleanliness, it is a food and drink free zone.
- Please bring infants in their infant seats and label all pacifiers, car seats, etc. with the child's and parent's name.
- To ensure that the child to staff ratio remains within a safe range, we may limit the number of children in Child Watch.
- Parents/guardians are responsible for toileting/diapering children. Please come to the Child Watch room promptly if such attention is needed.
- To protect the health of both children and staff, any child who does not appear to be healthy will not be admitted.
- When a parent/guardian is needed, please respond quickly.
- Parents/guardians will be contacted if their child has been crying or visibly upset for 15 minutes. If a child is having behavioral problems, the parent/guardian will be contacted. For the protection of all children, inappropriate or aggressive behavior will not be tolerated and service will be discontinued.
- Child Watch is loaded with fun toys and games so no need to bring anything from home, we have you covered!