

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## **Lifeguard Certification Course**

## April 26th-28th 2024

Friday April, 26th: 5:00-6:00pm Swim test Saturday April 27th: 10:00am-4:00pm class Sunday April 28th: 10:00am-12:00pm scenarios and final exam

Participants <u>MUST COMPLETE 8-10 hour ONLINE COURSE</u> <u>WORK prior to ATTENDING THE IN PERSON CLASS</u> <u>SESSIONS in order to receive certification.</u>

Participants MUST be experienced swimmers, and be able to swim 300 yards in freestyle and breaststroke, tread water for 2 minutes without hands, and retrieve 10lb brick from deep end and swim with it back to shallow (timed). WATERFRONT—550 yards



Cost of the course: Members \$350, General Public \$450

\*YMCA will sponsor those who commit to a minimum 3 months employment upon successful completion of course.

## Register by emailing Blake Axtell: saxtell@ymcamv.org

Minimum age of 15 to take the course. Must be 16 to work as a lifeguard the state of Massachusetts.

MUST register by 4/19/24 Limited space available!