INFORMATION on the new regulations for all Massachusetts restaurants with over 25 seats: there must be one person on staff in the building with a “Choke Saver” certification:

The YMCA of Martha’s Vineyard uses the American Red Cross for all the safety education. At this time the Red Cross does not offer a certification that is exactly like or called “Choke Saver”. However, the Massachusetts Board of Health will accept certification in the Lay Responders CPR/AED/First aid for Adult, Child, and Infant. This class is more in-depth than what is offered in the “Choke Saver” classes.

As the YMCA of Martha’s Vineyard has a social responsibility to help restaurants achieve the need for the certification we welcome anyone to join in our regularly schedule safety education classes. If the days/time that the classes do not fit the needs of your establishment and would like to request a training for your staff, please contact our Safety Education Coordinator Denise@ymcamv.org