

# Camp Kindness Enhanced Health & Safety Protocols

# Policies for preventing and responding to COVID-19

# Our Camp Team

In response to the current public health climate and to best ensure a safe summer experience for those working at and attending Camp Kindness we are making a number of adjustments to our policies and daily procedures. We have worked diligently to implement all measures in the *Minimum Requirements for Health and Safety* released by the Massachusetts Department of Early Education and Care in collaboration with the Massachusetts Department of Public Health. The changes we are making are intentional, with a focus first on the health and safety of every individual and family participating in Camp Kindness.

# Camp Family Morning Procedure & Curbside Camper Drop-Off

Each morning before camp, all camp families will be asked to complete online self-screening for all common signs and symptoms of COVID-19. As well as attest that no one in their household has tested positive for COVID-19. If any of the questions are answered with a yes, the child will not be allowed to attend camp. The child will remain/return home with their parent or caregiver and may not return for 14 days or additional guidance is provided by the child's physician or the local board of health.

As each family arrives at the Y for morning drop-off they will be asked to drive up to the side of the Y next to our outdoor pavilion. There will



be two curbside drop-off lanes. Please allow time in your morning for this process. When it is your family's turn you will advance in your car to meet a Y staff member. The staff member will access the camper's morning self-screening to ensure this as been completed. The camper will be signed in and immediately asked to hand sanitize. The camper will then be escorted to their camp unit/family, upon which time they will be asked to wash their hand with soap and water. Camp staff have been trained to continue to monitor all campers throughout the day for signs & symptoms. The camp staff assisting with curbside drop-off will hand sanitize between each camper drop-off as well as wear be wearing a face mask or shield. We strongly encourage the same one adult drop-off and pick-up your camper(s) each day. If possible, try to avoid having grandparents or any adult who is highly vulnerable to exposure drop off and pick up. Everyone in the car should wear a mask and windows should be down as often as possible.

# **Curbside Pick-up**

Once you arrive at the Y of MV please park and message via messaging app camp staff that you have arrived and are ready to pick up your camper. Please have just one adult, that is the same adult that dropped camper off if possible, wearing a mask in your car. Please allow campers and staff time to gather camper belongings and safety exit the building. Each camper will be brought to their individual car. Campers will sanitize their hands immediately before exiting the program space. We also recommend you hand sanitize your camper(s) after they enter your vehicle or before entering the home.

# What to Bring to Camp & What to Leave at Home

Please send your child to camp with a backpack or sealable bag that contains a lunch with cooler pack as well as additional snacks for morning & afternoon, a bathing suit, towel, water bottle, sunscreen, 2 clean face masks or coverings, and a change of clothes. Staff members



will assist campers in sunscreen application at camp while wearing gloves. Please label all personal items with your child's name. All items will be sent home daily and should be laundered. Soft items and toys from home will not be permitted. All items must be able to fit inside the backpack/bag. Once at camp, each camper will have their own basket to store their backpack and lunch that will not touch the gear of other campers.

# **Camper Unit/Family Organization**

Physical distancing will be enforced between camper units/families. As is currently the requirement by the MA Dept. of Public Health, each camper unit/family will consist of 10 campers and 2 staff members. It is our intention, and we will make every effort, to have camper units/families consist of the same campers and staff for all 6 weeks of Camp Kindness. Floating and specialty staff will be limited. Children do not naturally physically distance and they require warmth and close contact with staff. Best efforts will be made to maintain physical distancing practices. Individual play will be encouraged when possible, with camp staff providing interesting materials around the room or open space to encourage it. Campers will spend most of their days outside (weather permitting). When it is age appropriate and possible siblings will be in the same camp unit/family.

# Mask Wearing: Who & When

<u>Parents/caregivers</u>: Please wear your mask for curbside drop-off & pick-up, even though you will be remaining in your vehicle. If you must enter the premises of the camp or Y facility, please have prior approval and wear your mask.

<u>Campers</u>: Campers will be encouraged to wear a face mask or covering at times when 6 feet of physical distance cannot be kept. Campers will not be encouraged to wear a mask when they are outside, have the ability to physically distance, and/or are participating in rigorous activities.



<u>Staff</u>: Camp staff will be required to wear a face mask or covering at all times when 6 feet of physical distance is not possible. Mask or face coverings will be required during drop-off and pick-up. Gloves will be worn when assisting in with changing, assisting in opening food packages, when applying sunscreen, when administering medication & performing first aid. They will be changed in between use properly; hands will be washed in after use.

#### Staff Health, Safety & Protocols

Staff will be tested for COVID-19 once before the start of summer camp. Each day they will self-screen and attest that they do not have any signs or symptoms of COVID-19 and no one in their household has tested positive for COVID-19, just as all campers will be asked to do. Staff will have new or newly cleaned mask or cloth face covering each day at camp with extra masks always available to them in case of soiling. Staff will be required to wear their masks at all times when 6 feet of physical distance cannot be kept between themselves and their campers. Each camper unit/family will have 2 assigned staff for the entirety of the 6 weeks of Camp Kindness. These staff will remain the same week to week so long as everyone remains healthy. Camp counselors will be teaming up with our Housekeeping Staff to keep all camp areas clean and to continue disinfecting tables, chairs, equipment, and all frequently touched surfaces throughout the camp day.

# **Camp Kindness Spaces & Materials**

Each camper unit/family will have its own designated outdoor and indoor space. Any spaces that will be used by different units/families throughout the week/day will be cleaned in between each units/family's use. Daily schedules will be adjusted/staggered to allow for thorough cleaning. Toys and equipment will be limited to items that can be easily disinfected. Toys will be adequately disinfected between uses by each camper unit/family. Counselors will have access to cleaning and



sanitation supplies at every program area. Handwashing will be done before transitioning into different spaces and hand sanitizer will always be readily available, in all spaces, and at all building entrances.

### Handwashing, Disinfecting, Sanitizing

Children and staff will wash or sanitize hands upon arrival to camp, between activities, before and after eating, changing/using the bathroom. Activity materials will be disinfected between each group's uses. Doorknobs, light switches, handles, (high-touch places and spaces) will be disinfected as often as possible throughout the day, including at the beginning and end of the day. Surfaces, such as countertops and tables, will be cleaned and disinfected after each use and will be left wet after disinfecting to accommodate the disinfectant's stated dwell or contact time. Toilet handles and sink handles/faucet will be disinfected between each group's use. The Y of MV Housekeeping Director will track and ensure all cleaning protocol are completed and order cleaning and disinfecting supplies as needed.

# **Illness Policy**

If a child develops any of the following symptoms: frequent cough, sneezing, fever, difficulty breathing, chills, muscle pain, headache, sore throat, gastrointestinal symptoms, abdominal pain, unexplained rash, overwhelming fatigue, or recent loss of taste or smell during the day, the child will be immediately asked to put on a mask moved to our isolation room located at the MV Ice Arena. One Y of MV staff members will remain with but distanced from the child. The parent/caregiver will be notified by the camp administrative team; if parent/caregiver is not available immediately, emergency contact and authorized pick-up adult will be used. The child will remain/return home with their parent or caregiver and may not return for 14 days or additional guidance is provided by the child's physician or the local board of health. Staff or campers with household contacts with adults or children with COVID-19



must be quarantined for 14 days after their last household exposure. For most, this will be 14 days after the household contact with COVID-19 is released from isolation.

#### Positive Case of COVID-19

If a staff member, child or child's family member comes into contact with someone who is positive for COVID-19, that person is required to notify the Camp Director and will be asked to self-quarantine for 14 days and to consult with a healthcare professional. If a camper's family member is exposed, the child attending camp must remain out of camp for 14 days. In the event that either a staff member or a child who has been present at camp tests positive for COVID-19, we will immediately contact our local board of health for further guidance. We will communicate the information regarding any positive cases to all camp staff and families.

#### Communication

Communication will occur between camp leadership and parents/caregivers via email, phone calls, and messaging app. The camp leadership will communicate with parents regularly and clearly regarding any changes to program and policies and will provide updates regarding health information in a timely manner (i.e., illness or virus diagnosis at the facility). Parents/caregivers who need to reach camp leadership during the camp day should please call.

# Staff & Camper Family Important Considerations to Take Outside of Camp

We ask each of our participating families as well as our staff to please make responsible decisions outside of the camp day/week to limit your and your family/household exposure to the extent that you can. Please remember that what you choose to expose yourself or your family to throughout your summer is also what you will bring to camp and there, potentially expose others. If we do get a confirmed case in either our



staff or campership it is most likely that our local board of health will ask us to close down the program for a number of days or even weeks. This closure would result in a number of families not having child care and staff not having an opportunity to work. Please remember these penetrating implications as you make decisions throughout your summer. We thank you for taking this responsibility seriously.

# Plan, Implement, Revise

We will have daily communication between camp leadership re: daily updates, new communication to families, suggested changes to policies and procedures, etc.