



Bonitos Mondays 4:15– 5:00

Have you ever wanted to be on a swim team but are not sure? **TRY BONITOS!**

This offering is from the competitive swimming pathway students can pursue following YMCA Swim Lessons. Bonitos focuses on continuing to build endurance and stroke technique on all major competitive strokes and encourages swimming as part of a healthy lifestyle. Bonitos focus on the following important milestones:

- Developing endurance with competitive strokes
- Developing skills related to competitive swimming, such as flip turns, starts, and finishes
- Enhancing skills while building strong relationships

Members \$50 Non-member \$85 Fall Session 1 Sept.10– October 20th

**All group swim lesson participants will receive a \$10 discount towards Bonitos

Fall session 2 October 29th– December 19th (No class November 19th)

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Ages 6—18 years old



Practice is held Monday-Friday 4:15– 5:30pm

Must meet minimum requirements to participate

September 17th—March 22nd

The Mako Swim Club is a part of the Southeast Massachusetts Swim League which consists of five active teams. Advanced swimmers on the team also have the opportunity to join USA Swimming as they progress. The competition season for our Mako Swim Club runs October through March.

Registration and payments for swimming runs on a monthly basis. Throughout the race season the team participates in approximately five off island meets. Swimmer attendance to the meets is not mandatory but is encouraged. You do not have to commit to swimming the entire season if you are unable or play other seasonal sports.

All levels practice at the same time. Please see our website for level descriptions and prices. Registration forms are online and at our front desk. Swimmer must commit to at least two days of practice per week

Questions? Please contact our Aquatics Coordinator at

Denise@ymcamv.org or 508-696-7171 ext 129

YMCA of MARTHA'S VINEYARD

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