

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY



Bonitos (soon to be Makos Jr.)

Have you ever wanted to be on swim team but are not sure? TRY BONITOS!

This offering is from the competitive swimming pathway students can pursue following YMCA Swim Lessons. Bonitos focuses on continuing to build endurance and stroke technique on all major competitive strokes and encourages swimming as part of a healthy lifestyle. Bonitos focus on the following important milestones:

- Developing endurance with competitive strokes
- Developing skills related to competitive swimming, such as flip turns, starts, and finishes
- Enhancing skills while building strong relationships

Members \$50 Non-member \$85

Fall session II runs October 29th– December 19th

(No classes the week of Thanksgiving)

**All group swim lesson participants will receive a \$10 discount towards Bonitos

NEW CLASS ADDED!

Bonitos will also be practicing on

Thursdays at 5:40-6:25!!

Registration is NOW open to everyone.

Let's build our swim team!

Any Bonito wanting to go to the swim meets with the Makos team please contact our competitive swim coach Rainy at Rainy@ymcamv.org

YMCA of MARTHA'S VINEYARD

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