

Smoothies

All of our smoothies are made with fresh fruit.

Small \$5 Large \$7

**Add Protein powder to any smoothie \$2.00*

Strawberry Banana

Banana, strawberry, yogurt, soymilk

**Add green drink \$1.50/\$3.00*

Tropical Blend

Banana, pineapple, mango, orange, yogurt, soymilk

Juice

*Our juices are made with
fresh fruits and vegetables served over ice*

Energy small \$5/ large \$7

Carrot, apple, broccoli, parsley, ginger

**Antioxidants, energizing, Vitamin C, improves metabolism*

Milkshakes

Chocolate or Vanilla \$4.50

Add banana .50

**prices subject to change due to availability of produce*

**No substitutions*

Menu



Open to the public

Winter Hours

Front Café open

Mon-Fri 8am -7pm

Sat 8am-2:30pm

Kitchen Open

Mon-Fri:

11am-2pm; 5pm-7pm

Phone

(508) 696-7171 x222




Breakfast

Yogurt Parfait	\$4.99
Yogurt with assorted berries and granola	
Mini Parfait	\$3.25
Cold Cereal	
-with whole or skim milk	\$3.99
– without milk	\$2.99
Greek Yogurt	\$2.25
Muffins	\$2.25
Oatmeal	\$2.50
Assorted Bagels	\$2.00
<i>add cream cheese <u>or</u> butter \$0.50</i>	
Granola Bar / Kashi Bar	\$1.25/\$1.50
Coffee	\$1.50/\$2.50
	*Refill \$1.00
Tea	16oz \$2.25
Iced Coffee/Iced Tea	16oz \$2.50
	*Refill \$1.00

Lunch


Soup/Salads

Soup Selection	Cup \$3/Bowl \$5
Caesar Salad 	\$6.25
Curry Chicken Salad	\$7.99
with dried cranberries and cashews over greens	
*All salads come with <u>one packet</u> of Caesar, Blue cheese, Balsamic or Fat free raspberry.	
Extra Dressing	\$.50/ea

Specialty Salads

These change regularly, look for them in our display case

Wraps


Southwest	\$7.99
Rice, black beans, roasted corn & tomato salsa, guacamole, chicken, lettuce, cheese and chipotle mayo	
Turkey Club	\$7.25
Turkey, lettuce, tomato, bacon and mayonnaise	
Caprese 	\$7.25
Mozzarella, tomato, basil pesto, lettuce and balsamic	
BLT	\$6.25
Bacon, lettuce, tomato and mayonnaise	

For Kids




(All items come with a 1/2 order of regular fries, sweet potato fries add \$1.00)

Burger -(One slider)	\$4.75
Popcorn Chicken	\$6.50
Cheese Pizza	\$5.50
Pepperoni Pizza	\$5.99
Chicken Fingers	\$6.50
Grilled Cheese	\$4.75

Burgers


Angus Burger	\$7.25
Veggie Burger 	\$6.99
*Choice of American, Swiss or Cheddar cheese	
*Comes with lettuce, tomato, onion and a pickle on the side	
Sliders	\$7.25
Three, mini black angus beef burgers	
*Comes with cheddar cheese and a pickle	

Sandwiches

Turbo Pita 	\$6.99
Egg whites, onions, spinach, tomato, turkey bacon and cheese in a whole wheat pita	
PB&J 	\$2.99
Grilled Cheese 	\$3.25

Simple Selections

Sweet Potato Fries	\$4.25/\$6.25
French Fries	\$3.25/\$5.25
Chicken Fingers	\$7.99
Popcorn Chicken	\$7.99
Izze Soda	\$1.75
Chips	\$1.75
Cookies	\$1.25
Mousse	\$3.50

 Indicates vegetarian option

Consuming raw or undercooked foods may increase the risk of food borne related illness.