



MEMBER BENEFITS

When you belong to the Y of Martha's Vineyard, you are entitled to take advantage of a wide variety of opportunities where health and wellness are highly valued and where programs and activities are founded upon the basic principles of caring, honesty, respect, and responsibility. Your membership at the Y provides you and your family with exclusive access to the following services at no additional charge: Aquatics Center, Strength and Cardiovascular Conditioning Center, group exercise classes, complimentary fitness orientation, outdoor playground and basketball court, Child Watch, Teen Center, Wi-Fi. As a member you also receive discounted rates for specialty classes, programs, personal training and special events as well as priority registration. ***Please inquire with your health insurance company to see if you are eligible to be reimbursed up to \$150 a year for belonging to the Y!***

Please Note: Children under the age of 13 must have parental/guardian supervision by an adult 18 years old or older at all times when using the YMCA facilities, unless enrolled in a supervised program.

Facility Hours

Monday-Friday 5:30 a.m. to 9:00 p.m. Saturday 7:00 a.m. to 8:00 p.m. Sunday 8:00 a.m. to 6:00 p.m. Please note the pool opens a half hour after the facility and closes a half hour before the facility.

Financial Assistance

The YMCA of Martha's Vineyard is a non-profit membership organization committed to building strong communities, families, and individuals through programs that promote youth development, healthy living and social responsibility. We believe no one should be denied membership or program participation due to financial circumstances. Financial assistance is made possible through charitable donations to our scholarship fund. Financial aid applications are available at the Member Service desk or online at www.ymcamv.org.

Aquatics

As a member you have full access to the 25 yard, 6 lane Competitive Lap Pool as well as the Recreational Pool section and waterslide. The Competitive Lap Pool opens a half hour after the Y opens and closes a half hour before the Y closes. The number of lanes available for lap swimming varies throughout the day; please refer to the pool schedule for additional information. The times for the Recreational Pool vary from day to day; please refer to the pool schedule for additional information. Please see our program guide for additional information on the Learn to Swim Program, Water Aerobics and Swim Club!

Health & Wellness Center

Your membership gives you access to roughly 50 FREE group exercise classes a week. Please see our Group Exercise schedule for a list of class times and descriptions. Our state of the art Cybex cardio machines include ellipticals, treadmills, Arc trainers, stair-masters, recumbent and up-right stationary bikes. All of the cardio machines are equipped with a personal TV and cable as well as iPod and headphone plug-ins. In addition we have Cybex circuit weight machines, free weights and Star Trac spinning bikes.

Child Watch Room

The Child Watch room is a drop-in babysitting service for members and their dependent children to advantage of while utilizing the facility. Enjoy your workout while your child makes new friends and has constructive playtime! The Child Watch room is offered at no cost to members and is exclusive to members only. The age restrictions are 6 months to 10 years old. There is a 1.5 hour time limit per membership unit, per day. Please note children under the age of 4 will be transitioned into the room. Please see the Child Watch Room Guidelines for additional rules and

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information. Childcare providers such as nannies or babysitters are not authorized to use Child Watch even if they have a membership at the Y.

Guest Policy

Members have the benefit of bring a friend to the Y for their first time free. Each additional guest visit is only \$15 when accompanied by a member.

Membership Hold Policy

Annual memberships at the Martha's Vineyard YMCA have the benefit of being put on hold for up to a maximum timeframe of three (3) months within one membership year due to medical, travel or work-related conflicts. Three month holds must be a consecutive three months but single month holds can be used twice a year. All Holds begin on the 1st day of the month (start date of hold) and end on the last day of the month of the requested Hold (end date of hold). All membership holds require approval from the Membership Director.

YMCA Reciprocity

As a member of the Martha's Vineyard Y your membership provides you with FREE access to all YMCAs in New England; some restrictions apply. In addition, your membership provides you with limited reciprocal access to YMCA's throughout the country. Please check with the YMCA you plan to visit to inquire what the reciprocity policy is for that facility.

From Columbus Day to Memorial Day, the YMCA of Martha's Vineyard will participate in full reciprocity by offering use of our facility at no cost to YMCA members from Massachusetts, Rhode Island, New Hampshire, Maine, Vermont and Connecticut; does not include Child Watch or member rate for programs. From Memorial Day to Columbus Day, members of YMCA's in New England can take part in the AWAY Program by purchasing a day pass at a reduced fee of \$10.00 for an adult and \$5.00 for a youth; does not include Child Watch or member rate for programs.

Visiting YMCA AWAY Members can purchase a day pass at a reduced cost of \$10.00 for an adult and \$5.00 for a youth. There is no charge for children 3 years and under. AWAY Program does not include Child Watch or member rate for programs.

Baby's First Membership

Members that have an Individual or Young Adult membership can add their dependent children 3 years old and under to their membership at no additional cost. Members can use the recreational pool with their child, register for the Parent & Child Swim Class at the member rate and use the Child Watch Center.

Authorized Guardian

An authorized guardian or childcare provider can be added to a family membership as a non-member if the parent signs an Authorized Guardian form approving such supervision. The authorized guardian can use the pool with the children, bring them to swim lessons and other YMCA programs, but **cannot** use the Child Watch Center or Strength and Cardio Vascular Training Center for personal use unless the individual has a membership and approval is granted by the parent.

Membership Cancellation Policy

Members can cancel their membership by submitting written notice 30 days prior to the first of the month. Membership will be terminated 30 days from the first of the month. If less than 30 days notice is given (notice given after the first of the month) the member will be responsible for payment for the next month and use of the facility is permitted until the end of that month. All memberships are non-transferable and non-refundable.

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