



the **Y** of Martha's Vineyard  
MEMBER BENEFITS

When you belong to the Y of Martha's Vineyard, you are entitled to take advantage of a wide variety of opportunities where health and wellness are highly valued and where programs and activities are founded upon the basic principles of caring, honesty, respect, and responsibility. Your membership at the Y provides you and your family with exclusive access to the following services at no additional charge: Aquatics Center, Strength and Cardiovascular Conditioning Center, group exercise classes, complimentary fitness orientation, outdoor playground and basketball court, Child Watch, Teen Center, Wi-Fi.

As a member you also receive discounted rates for specialty classes, programs, personal training and special events as well as priority registration. The Martha's Vineyard Y believes no one should be denied membership or program participation due to financial circumstances. Financial assistance applications are available at the Member Service desk. Financial assistance is granted based on available resources.

### **Aquatics**

As a member you have full access to the 25 yard, 6 lane Competitive Lap Pool as well as the Recreational Pool section and waterslide. The Competitive Lap Pool opens a half hour after the Y opens and closes a half hour before the Y closes. The number of lanes available for lap swimming varies throughout the day; please refer to the pool schedule for additional information. The times for the Recreational Pool vary from day to day; please refer to the pool schedule for additional information. Please see the Late Summer Aquatics flier for additional information on group and private swimming lessons, Water Aerobics and Swim Club!

### **Cardio Vascular & Strength Training Center**

Our state of the art Cybex cardio machines include ellipticals, treadmills, Arc trainers, stair-masters, recumbent and up-right stationary bikes. All of the cardio machines are equipped with a personal TV and cable as well as iPod and headphone plug-ins. In addition we have Cybex circuit weight machines, free weights and Star Trac spinning bikes.

### **Child Watch Room**

The Child Watch program is a drop-in babysitting service for members to use while utilizing the facility. The Child Watch room is offered at no cost to members. The age restrictions are 6 months to 10 years old and there is a 1.5 hour time limit. Please see the Child Watch Room Guidelines for additional rules and information.

***Please Note: Children under the age of 13 must have parental/guardian supervision by an adult 18 years old or older at all times when using the YMCA facilities, unless enrolled in a supervised program.***

Discover how you can gain a greater sense of belonging, build stronger connections throughout our community, and grow in spirit, mind and body by becoming a member of the Martha's Vineyard Y.

111R Edgartown Vineyard Haven Road, Vineyard Haven, MA 02568 \* [www.ymcamv.org](http://www.ymcamv.org) \* (508) 696-7171

### **Baby's First Membership**

Members that have an Individual or Young Adult membership can add their dependent children 3 years old and under to their membership at no additional cost. Members can use the recreation pool with their child, register their child for the Parent & Child (Ski/Perch) Swim Class at the member rate and use the Child Watch Center.

### **Authorized Guardian**

An authorized guardian or childcare provider can be added to a family membership as a non-member if the parent signs an Authorized Guardian form approving such supervision. The authorized guardian can bring the children to the pool, swim lessons and other YMCA programs, but **cannot** use the Child Watch Center or Strength and Cardio Vascular Training Center for personal use unless the individual has a membership and approval is granted by the parent.

### **Dependants over 22**

Families with dependent children over the age of 22 because of physical or mental handicaps can be included on the family membership if the parent provides a letter of guardianship or tax return.

### **Reciprocity Policy**

Members of an off-island YMCA can purchase a day pass at a reduced cost of \$10.00 for an adult and \$5.00 for a youth (20 and under) through our AWAY Day Pass program. There is no charge for children 3 years old and under. A valid membership card from your local YMCA must be presented to receive the AWAY rate.

For members of YMCA's in Massachusetts and Rhode Island, from Memorial Day to Columbus Day we have limited reciprocity to reducing the day pass fee to \$10.00 for an adult and \$5.00 for a youth (under 20). There is no charge for children 3 years old and under. From Columbus Day to Memorial Day the YMCA of Martha's Vineyard will participate in full reciprocity with YMCA members from Massachusetts and Rhode Island.

As a member of the Martha's Vineyard Y you have limited reciprocal access to Y's in Massachusetts and Rhode Island at no cost. Please check with the YMCA you plan to visit to inquire what their specific reciprocity policy is.

### **Membership Cancellation Policy**

Members with a monthly draft membership can cancel their membership by submitting written notice 30 days prior to the next draft date (first of the month). Membership will be terminated 30 days from the first of the month. All memberships are non-transferable and non-refundable.

Discover how you can gain a greater sense of belonging, build stronger connections throughout our community, and grow in spirit, mind and body by becoming a member of the Martha's Vineyard Y.

111R Edgartown Vineyard Haven Road, Vineyard Haven, MA 02568 \* [www.ymcamv.org](http://www.ymcamv.org) \* (508) 696-7171